

Survival Skills Intensive 2023-24 Resource and Supply List

Required Texts:

Bushcraft by Mors Kochanski
Deep Survival by Laurence Gonzales
Foraging Texas: Finding, Identifying, and Preparing Edible Wild Foods in Texas by Eric M. Knight and Stacy M. Coplin



EARTH NATIVE
WILDERNESS SCHOOL

Recommended Texts:

The Forager's Harvest by Samuel Thayer
Edible and Useful Plants of Texas and the Southwest by Delena Tull
Subsistence: A Guide for The Modern Hunter Gatherer: Hunting, Trapping, Fishing & Foraging for a Living in Central Texas by Nathan Martinez

Schedule: Our first weekend of class will be held at the Earth Native Wilderness School campus at 137 Woodview Ln. in Bastrop TX. A full schedule including topics to be covered for each weekend will be given out on the first day of class. Unless noted as an overnight class we will begin at **9am** and end between **4 and 5pm**.

October 14-15	Orientation/Survival Basics – ENWS Campus Bastrop TX	February 17-19	Local Overnight Trip
November 18-19	ENWS Campus Bastrop TX – (Overnight)	March 9-10	ENWS Campus Bastrop TX
December 16-17	ENWS Campus Bastrop TX	April 13-14	ENWS Campus Bastrop TX
January 13-15	Local Overnight Trip	May 11-15	Overnight 5-day Survival Trip - East Texas

Equipment:

Clothing – Clothing for the field should allow you to be safe outside all day (This will vary depending on location and time of year). Closed toe shoes are required. Be sure to include:

- Rain gear
- Warm layers
- Sun protection
- Appropriate footwear

Camping Gear - Meals are **not** included in the program. Students will need to provide their own camping equipment and food. Be sure to include:

- Flashlight or Headlamp (headlamp recommended)
- Food for overnight weekends (including lunches which can be taken into the field)

Survival Equipment

- Day pack for field excursions
- Stainless steel water bottle (not insulated)
- Quality Compass with a rotating bezel
- Quality non-folding knife (We have some of the best survival knives you can buy for sale for \$25-\$80 if you don't already have a knife.)
- Lighter
- Camera (optional)
- Binoculars (optional)
- Water filter - Recommend Sawyer-mini or similar (optional)

Other Materials

- Notebook for taking notes in class
- Pen and Pencil
- Outdoor Chair