



EARTH NATIVE WILDERNESS SCHOOL

Survival Skills Intensive Resource and Supply List

Required Texts:

Bushcraft by Mors Kochanski

Deep Survival by Laurence Gonzales

Foraging Texas: Finding, Identifying, and Preparing Edible Wild Foods in Texas by Eric M. Knight and Stacy M. Coplin

Recommended Texts:

The Forager's Harvest by Samuel Thayer

Edible and Useful Plants of Texas and the Southwest by Delena Tull

Subsistence: A Guide for The Modern Hunter Gatherer: Hunting, Trapping, Fishing & Foraging for a Living in Central Texas by Nathan Martinez

Equipment:

Clothing – Clothing for the field should allow you to be safe outside all day (This will vary depending on location and time of year). Closed toe shoes are required. Be sure to include:

- Rain gear
- Warm layers
- Sun protection
- Appropriate footwear

Camping Gear - Meals are not included in the program. Students will need to provide their own camping equipment and food. Be sure to include:

- Flashlight or Headlamp (headlamp recommended)
- Food for overnight weekends (including lunches which can be taken into the field)

Survival Equipment

- Day pack for field excursions
- Stainless steel water bottle (not insulated)
- Quality Compass with a rotating bezel
- Quality non-folding knife (We have some of the best survival knives you can buy for sale for \$25-\$115 if you don't already have a knife.)
- Lighter
- Binoculars (optional)
- Water filter - Recommend Sawyer Squeeze or similar (optional)

Other Materials

- Notebook for taking notes in class
- Pen and Pencil
- Outdoor Chair