

Survival Skills Intensive 2022-23 Resource and Supply List

Required Texts:

Bushcraft by Mors Kochanski
Deep Survival by Laurence Gonzales
Foraging Texas: Finding, Identifying, and Preparing Edible Wild Foods in Texas by Eric M. Knight and Stacy M. Coplin



EARTH NATIVE
WILDERNESS SCHOOL

Recommended Texts:

The Forager's Harvest by Samuel Thayer
Edible and Useful Plants of Texas and the Southwest by Delena Tull
Subsistence: A Guide for The Modern Hunter Gatherer: Hunting, Trapping, Fishing & Foraging for a Living in Central Texas by Nathan Martinez

Schedule: Our first weekend of class will be held at the Earth Native Wilderness School campus at 137 Woodview Ln. in Bastrop TX. A full schedule including topics to be covered for each weekend will be given out on the first day of class. Unless noted as an overnight class we will begin at 9am and end between 4 and 5pm.

October 15-16 Orientation/Survival Basics – ENWS Campus Bastrop TX.
November 19-20 ENWS Campus Bastrop TX – **(Overnight)**
December 17-18 ENWS Campus Bastrop TX
January 14-15 **Local Shelter Overnight**

February 18-20 **Local Overnight Trip**
March 18-19 ENWS Campus Bastrop TX
April 15-16 ENWS Campus Bastrop TX
May 13-17 **Overnight 5-day Survival Trip - East Texas**

Equipment

Clothing – Clothing for the field should allow you to be safe outside all day (This will vary depending on location and time of year). Closed toe shoes are required. Be sure to include:

- Rain gear
- Warm layers
- Sun protection
- Appropriate footwear

Camping Gear - Meals are **not** included in the program students will need to provide their own camping equipment and food. Be sure to include:

- Flashlight or Headlamp (headlamp recommended)
- Food for overnight weekends (including lunches which can be taken into the field)

Survival Equipment

- Day pack for field excursions
- Stainless steel water bottle (**not insulated**)
- Quality Compass with a rotating bezel (I recommend the Suunto A-30 Field Compass on Amazon)
- Quality non-folding knife (We have some of the best survival knives you can buy for sale for \$20-\$80 if you don't already have a knife.)
- Lighter
- Camera (optional)
- Binoculars (optional)
- LifeStraw water filter (optional)

Other Materials

- Notebook for taking notes in class
- Pen and Pencil
- Outdoor Chair